

COVID-19
A GUIDE FOR STUDENTS & STAFF

# Returning to College



## RECOGNISE THE SYMPTOMS

If you feel unwell and develop symptoms of COVID-19, you must not attend college.

The symptoms to look out for:

- A high temperature
- A new or continuous cough
- The loss of taste or smell



# TOP TIPS FOR RETURNING TO COLLEGE

- Plan your day.
- Remember your lanyard and face covering.
- If you use public transport, allow extra time for your journey. You must also wear your face covering on public transport.
- Bring food and drink from home if you can as on-site catering will be limited.
- Bring your own books and any equipment you need for your lessons.
- Arrive on time not too early to avoid groups of people gathering.
- Check the college website for any updates before you leave for college.





### WHAT TO EXPECT WHEN YOU RETURN TO COLLEGE

- We have installed Lateral flow testing booths at each campus to provide Covid testing for staff and students.
- Home testing kits will be made available for staff and students to take home.
- Face coverings/masks must be worn at all times in classrooms, workshops, common areas, and corridors unless you have a health exemption.
- Social distancing is still really important. Keeping your distance will help us all to prevent the spread of the virus.

- While in class, you should avoid entering the 2 metre dedicated "technical area" used by teachers.
- One-way systems and wayfinding signage is still in place. Please adhere to them wherever possible.
- Please wash your hands regularly throughout the day and use our hand sanitising stations.
- Regular deep cleaning will take place across all campuses, with frequency of particular focus on touch points.
  Cleaning logs will be displayed on doors to indicate the cleaning regime.

#### GOVERNMENT COVID-19 ADVICE

Stay up-to-date with government advice here:



Government guidance



### DOS AND DON'TS WHEN RETURNING TO COLLEGE

### THE DOS

- Keep up to date with and follow latest Government guidelines.
- Check the College website for up to date information before travelling to college.
- Bring everything you need for your day e.g., food and drink, books and equipment.
- Wear a face covering if you travel on public transport.
- Plan your day and arrive on time.
- Wash your hands as soon as you get to college and do so regularly throughout the day.
- Maintain a social distance of at least 2 metres.
- Adhere to our one-way/wayfinding systems around campus.
- Leave promptly after your class has finished.
- If you develop symptoms of COVID-19 while at college, please tell your tutor or line manager immediately.

### THE DON'TS

- Don't come into college if you have symptoms of COVID-19.
- Don't come into college if you've been in contact with anyone suspected or confirmed as having COVID-19.
- Do not share equipment or use equipment belonging to others.
- Do not arrive to college too early for work or lessons.
- Do not ignore the importance of hand washing. Hand sanitising on its own is not a substitute for thorough hand washing.
- Avoid close contact with anyone. This includes handshakes or tactile greetings, such as hugging.
- Try to avoid touching your face. If you need to sneeze, use a clean tissue or the crook of your arm.
- Do not gather in groups in or around college.
- Do not linger in or around college.
- Don't ignore symptoms of COVID-19.



