

PERSON CENTRED COUNSELLING

FOUNDATION DEGREE

COURSE OVERVIEW

Your training will focus on developing the attitudes and values of the person-centred approach to form and maintain effective therapeutic relationships.

The course develops the skills of reflection and reflexivity in relation to their counselling practice, together with the opportunity to analyse the social context of counselling practice including the family, difference and diversity, culture, politics, religion and language within contemporary society.

The course is accredited by the British Association for Counsellors and Psychotherapists [BACP] ethical framework to counselling practice and supports students with how to use supervision effectively, to research effectively and develop research knowledge and skills.

You will discuss mental health issues in relation to counselling. Examine the implications of working as a counsellor across a range of work settings including private practice.

WHO IS THIS COURSE FOR?

The course is for those who can demonstrate an empathy and understanding of life experiences and knowledge of person-centred beliefs and attitudes and wish to become a person-centred counsellor.

WHAT WILL YOU STUDY?

The course is based on the person centred philosophy and therapy of Carl Rogers. All course tutors are qualified and experienced person-centred counsellors.

Personal development forms an important part of the course. The skills and professional attitudes of counselling are developed through small and large group work, seminars, creative workshops, tutored discussions and lectures.

QUALIFICATION
FdSc

CAMPUS:
**EASTBOURNE
/ LEWES**

24
UCAS POINTS

This is the minimum
UCAS Tariff points you
will need when applying
for this course.

UCAS COURSE
CODE:

B941

HOW CAN YOU APPLY?

You should apply through UCAS, course code **B941**.

You will need: 24 UCAS Tariff Points.

Applicants are invited from prospective students who have gained the necessary counselling skills in a related area to Counselling Skills certification such as through training in mental health areas in which counselling skills would have been a large part of the training. Deferred places are not accepted for this course. We welcome applicants with other qualifications or relevant experience to apply. Individual offers may vary.

To discuss your application please contact **Higher.Education@Sussexdowns.ac.uk**

WHAT CAN YOU DO AFTER THIS COURSE?

As a qualified Counsellor, you can now work in a wide range of services including; abuse services, drug and alcohol addiction, primary care counselling, relationship services, loss and bereavement, services for young people, mental health services and careers services as well as in private practice. Qualification from the course will enable counsellors to work towards professional accreditation and to pursue higher education in counselling related fields.

Graduate may progress to our own one year Top-up Degree, here at Sussex Downs College, to gain a full BSc Honours Degree.

The National Students Survey for 2016 showed overall student satisfaction at

87%

This is above the sector average and the highest for college based Higher Education in Sussex.

