

## ACCESS TO HIGHER EDUCATION – NURSING (ONLINE)

### Thank you for choosing to study with East Sussex College Hastings

Not only do we have over 25 years' experience of delivering education and training to over 5,000 new students each year, we have built a reputation of providing quality ELearning too! This means you can still benefit from our excellent education, even if you can't fit your lifestyle or schedule around our college timetable. All our ELearning courses are accredited by established institutes and have national recognition.



### Aims of the course

The Access to Higher Education (HE) Diploma is a qualification, equivalent to A-Level, which allows learners to go on and study at University when they did not have the relevant qualifications needed to do so. Access to HE courses are available in a wide range of different subjects and are widely recognised by UK Universities.

### Benefits for individuals

The course will increase your understanding of biological science, psychology and sociology and you'll also explore topics including the history of the NHS and contemporary health issues. Consider the varied responsibilities of a nurse and find out where a career change could take you.

This programme is designed to support your progression to a nursing degree course and dedicated units will update your academic abilities. Develop the confidence to research independently and write assignments.

There are a wide range of career opportunities for you if you study the Nursing Access to HE Diploma. When you have finished studying your course, you will be able to apply to university.

### Key details about this Diploma

<b>Course Fee:</b>	£3384	<b>Recommended study per week:</b>	15 hours*
<b>Course length:</b>	10 months	<b>Total units:</b>	21

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\* You should allow a total of around of around 15 study hours per week to complete the whole qualification, over 10 months. If you study more hours each week, you may finish the course more quickly.

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## Support provided

A qualified Assessor will mark your work and provide written feedback via the VLE. Your appointed Assessor will confirm contact hours once you start your learning and will be able to offer support via email correspondence. During Induction you will be provided with a Study Plan including the expected assessment schedule for your course.

## Pass criteria

Each unit includes specific Learning Outcomes and Assessment Criteria.

To achieve a Pass in any assessment you must meet all criteria.

The list of detailed Assessment Criteria for each Unit is made available to you on the VLE.

## Course content

The course consists of 21 Units of Study. The course covers:

### - Unit 1 (Induction Unit): Preparing for Success

### - Unit 2: Academic Writing Skills

On completion of this unit you will:

- Be able to write with relevance in responding to an academic task.
- Know how to interpret and discuss concepts and debates in responding to a set, academic writing task.
- Be able to summarise for academic purposes, selecting key points, information or central ideas.

### - Unit 3: Preparing a Written Assignment

On completion of this unit you will:

- Understand how to use key information sources.
- Understand why sources are acknowledged and referenced.
- Understand a range of reading strategies.
- Understand note-making methods.
- Understand how to plan, draft and produce a written assignment.

### - Unit 4: Health & Wellbeing

On completion of this unit you will:

- Understand the relationship between resilience and mental wellbeing
- Understand the expression of feelings and emotions and how these could be managed.
- Understand how mental wellbeing can be supported and managed.

### - Unit 5: Cell Biology

On completion of this unit you will:

- Understand the cell.
- Understand cellular metabolism.
- Understand how cells grow and divide.

### - Unit 6: The History of the National Health Service

On completion of this unit you will:

- Understand the background to and the founding principles of the National Health Service.
- Understand how political reforms have shaped the National Health Service since.

### - Unit 7: Human Nutrition & The Digestive System

On completion of this unit you will:

- Understand the structure and functions of the organs of the digestive system.
- Understand nutrients and their sources.
- Understand the components of a healthy diet and the consequences of an unhealthy diet.

### **- Unit 8: The Roles & Responsibilities of the Registered Nurse**

On completion of this unit you will:

- Understand the changes to the roles and responsibilities of the nurse.
- Understand the role of the Nursing and Midwifery Council.
- Understand the multidisciplinary approach to health care.

### **- Unit 9: Introduction to Psychology**

On completion of this unit you will:

- Understand the importance of research in psychology.
- Understand the main approaches in psychology.
- Understand ethical issues in psychological research.

### **- Unit 10: The Human Endocrine and Nervous System**

On completion of this unit you will:

- Understand the anatomy, organisation and function of the nervous system.
- Understand how the endocrine system co-ordinates body functions.
- Understand the role of the nervous and endocrine systems homeostasis.

### **- Unit 11: Social Factors in Health Care**

On completion of this unit you will:

- Understand sociological factors influencing the relationships between patients and health professionals.
- Understand the role of social motivational factors in health and ill health.
- Understand the significance of social support networks in health care and maintenance.

### **- Unit 12: Understanding Dementia**

On completion of this unit you will:

- Understand dementia.
- Understand types of dementia.
- Understand the medical and social models of dementia.
- Understand an individual's experience of dementia.

### **- Unit 13: The Human Muscular & Skeletal Systems**

On completion of this unit you will:

- Understand the anatomy, organisation and function of the muscular system.
- Understand the anatomy, organisation and function of the skeletal system.
- Understand how the muscular system and skeletal system interact in locomotion.

### **- Unit 14: Classification & Use of Social Drugs & Medicines**

On completion of this unit you will:

- Understand why different types of social drugs are used.
- Understand the classification of medicines and controlled drugs.
- Understand the impact of the use of social drugs and medicines on the individual and society.

### **- Unit 15: Mental Health & Illness**

On completion of this unit you will:

- Understand the difficulties in defining normality and abnormality.
- Understand a psychological disorder.
- Understand how the endocrine system co-ordinates body functions.
- Understand treatments used to treat people with psychological disorders.

### **- Unit 16: Human Immunity**

On completion of this unit you will:

- Understand non-specific defences against disease.
- Understand specific immunity.
- Understand the biology of vaccination.

### - Unit 17: Understanding Poverty

On completion of this unit you will:

- Understand definitions of poverty.
- Understand ways of measuring poverty.
- Understand the extent of poverty in contemporary Britain.
- Understand explanations of poverty.

### - Unit 18: Health Promotion

On completion of this unit you will:

- Understand individual societal health promotion.
- Organise and plan a health promotion activity.

### - Unit 19: Study Skills Portfolio Building

### - Unit 20: Human Disease & Prevention

On completion of this unit you will:

- Understand the categories and causes of disease.
- Understand the epidemiology of disease.
- Understand preventative measures for a chosen disease or condition.

### - Unit 21: Equality and Diversity within Health Care

On completion of this unit you will:

- Understand equality and diversity within health care.
- Understand the rights of the individual in a health care setting.
- Understand the impact of equality and diversity legislation for health care provision.

## Assessment method

The assessment method for this course is via a Virtual Learning Environment (VLE).

The Access to HE Diploma (Nursing) will be made up of a number of units and assignments. Once you have completed your first assignment to the best of your ability, you should send it back to one of the assessors for marking. Once they have graded the work and offered feedback, you should begin your next piece, drawing on feedback from the past paper. Once all of the assignments have been handed in and marked, the college will have sufficient evidence to award you with a number of credits. The Access to HE Diploma is a nationally recognised Level 3 qualification, regulated by the Quality Assurance Agency (QAA). In order to achieve this Access to HE Diploma in Nursing, you must achieve 60 credits in total. You should note that 45 of these credits are taken from graded units which are concerned with academic subject content. The remaining 15 credits are earned via taking ungraded units which are included to help you to develop your study skills.

## Entry requirements

Learners must have a GCSE in maths and English (or an equivalent) grade A\* - C or Level 4 - 8 (or equivalent) and aspire to study a healthcare related degree at university.

Access to Higher Education Diplomas are widely accepted as an alternative to 'A-Levels' for University admission. The programmes have a track record of success in helping students to gain admission to University.

Learners should, however, be aware that Universities each apply their own admissions criteria, and these vary broadly depending on the reputation and popularity of the university and of the degree programme that relates to your area of interest.

These 'variable' admission criteria may include but are not limited to:

- Achievement of a certain amount of Access to HE Diploma units at Merit or above.
- Successful completion of a face-to-face interview at the University
- Successful completion of literacy and numeracy assessments by the University.
- Completion of specific unpaid 'work experience' or a previous 'job role'.
- Prior attainment of GCSE English and/or Maths Science – Or equivalents, such as Functional/Key Skills at Level 2.

It is vitally important that each student investigates the entry requirements of a range of universities that they could practically attend to determine if the diploma and unit choices within meet each set of entry requirements.

Students should complete this exercise as early as possible so that they can plan for which establishment they will be applying to, and start to work towards it.

Whilst we have the fullest confidence that the Access to Higher Education Diplomas are compliant and perfectly sufficient to form part of a University application, East Sussex College will not be able to accept any liability for the inability of any Access to Higher Education learner to secure an offer from a Higher Education establishment due to the 'variables' involved.

## Study time

### Study time includes:

- working through the interactive content
- completing the assignments for each unit
- reading assessor feedback and reviewing course material or other resources as directed
- resubmitting your assignment where requested

## Assessor Support

Your course is fully supported by a dedicated assessor in each subject area. These assessors will guide you through the course providing assistance and a tailored course experience for you. Online learning is not taught by the assessors and you should expect to self-study.

## How do I know if this is the right course for me?

East Sussex College Hastings offer a 14-day Induction Period for this course which enables you to assess whether both the course and the online mode of study is suitable for you. It also allows the college to assess your suitability, in particular whether you can produce work to meet the standards set by Open College Network West Midlands, the awarding body.

## How does the Induction Period work?

The induction is conducted online so you don't have to travel to our campus. During the week you will receive your login details to the VLE and a welcome e-mail with guidance on how to attempt the induction unit.

You will be sent a deadline/due date by e-mail which allows you two weeks to submit answers to the induction assessment.

If you don't meet the pass criteria for the induction assessment you won't be enrolled onto the course and you won't have any fee liability. You will not incur any fees during the induction period, or have any outstanding loans to re-pay.

Enrolment onto the qualification will take place once you have passed the induction assessment and have funding in place for the course fees.

If you wish to withdraw, you may cancel your enrolment by notifying the Administration Team in writing (by e-mail) prior to day 14 and you will owe nothing. After 14 days, you will owe the full course fee plus an administration charge, in line with the Tuition Fee Policy.

## System requirements

### Processor

1 gigahertz (GHz), 2 GB RAM

### Operating System

Windows 7, 8 or 10, Mac OS

### Browsers

Internet Explorer 8 or above,  
Google Chrome Safari 6 or  
above Mozilla Firefox

### Compatibility

Windows, Mac

## Contact information

If you have any questions, after reading the course summary, please contact the ELearning Team.

Our office opening times are:

### Monday – Thursday

8.30am – 5.00pm

### Friday

8.30am – 4.30pm

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